



Wednesday 18th June 2025

Dear Parents and Carers,

This Sunday, the Church celebrates the great feast of Corpus Christi [two Latin words which mean 'the Body of Christ']. In some parts of the world there are processions through the streets. This is traditionally a time when children make their First Holy Communion.

The gathering in this Sunday's Gospel wasn't just a huge, miraculous, open-air picnic. This was a sign of the Eucharist (Holy Communion) which Jesus would establish with his disciples at the Last Supper.

Jesus makes the same offer to nourish us today, especially when we receive Holy Communion - a sacred moment, when we receive a gift from heaven - we receive Jesus. This helps us become closer to Jesus and closer to each other - to keep growing in goodness and love.

Enjoy exploring this Sunday's Gospel and this Wednesday's word, which is **NOURISH**.

Dom Henry Wansbrough



A **Word** from the Saints

"The Mass is the centre of the Christian life and the nourishment of the soul." Pope Saint Pius X

THE GOSPEL IN CHURCH Sunday 22nd June 2025



Jesus had been with the crowds all day. It was late afternoon when his disciples came to him and said, "Send the people away, so that they can go to the nearest villages and farms to find food and shelter for the night, because this is a lonely place." Jesus replied, "You give them something to eat." But they said, "We have no more than five loaves and two fish. Are we to go and buy food for all these people?" For there were about five thousand there. So Jesus said to the twelve disciples, "Get the people to sit down in groups of about fifty." Then Jesus took the five loaves and the two fish and, looking up to heaven, he blessed them, broke them, and gave them to his disciples to hand out to the crowd. They all ate as much as they wanted and the leftovers filled twelve baskets.

Adapted from Luke 9:11-17
Corpus Christi, Year C

Getting to know Jesus makes life joyful.
Learn more about this Sunday's Gospel in your local Parish Church: all are very warmly invited.

2025: The Jubilee Year of Hope!

Having Hope
in our **Families**

To nourish means to feed and help grow. In this Sunday's Gospel, before he fed the 5000, Jesus looked up to heaven, said the blessing, broke the bread and then shared it. Today, the priest does the same thing at Mass - Jesus continues to nourish us through the Church!



Good News for Families

10 MINUTES TOGETHER TIME



1 READ & REFLECT! Listen & Learn with Jesus, the Word!

It was late in the afternoon when Jesus told the disciples to give the crowds something to eat. But they had no more than five loaves and two fish and there were about five thousand people there. So Jesus said to the twelve disciples, "Get the people to sit down." Then Jesus took the five loaves and the two fish and, looking up to heaven, he blessed them, broke them, and gave them to his disciples to hand out to the crowd. They all ate as much as they wanted and the leftovers filled twelve baskets.

Why couldn't the disciples feed the people?

Which word or words stood out for you in this Sunday's Gospel, and why? Spend a few relaxing moments pondering the picture together. Share any thoughts before moving on.



Sunday Gospel Gallery

Look at this Sunday's Gospel picture. What can you see? How do you feel? What does it make you think about?

2 SHARE & CARE! Growing in Goodness & Love: This Wednesday's Word...

"Jesus is the Bread of Life for our families."

Pope Francis

With Jesus' love we will always be nourished. Ask your child what the word 'nourish' means to them. Then, each of you talk about something, other than food, that nourishes you and helps you grow. Perhaps it is: a special friendship, being praised, praying, your faith, the love and care you receive, a hobby or sport, the Church and the sacraments. Who gives you these things?

Just as we eat bread to nourish our bodies, Jesus (especially in Holy Communion) nourishes our souls. Who else should we remember to thank for nourishing us? Perhaps parents, carers, teachers, priests, grandparents or friends. Which people can we nourish in this coming week and how can we nourish them? Perhaps we can: encourage someone, give hugs to parents or carers, give something to a food bank, help and offer hope to others.

NOURISH



3 For this week's prayer, why not ask your child if they can remember the grace they say at school before their meals?

FINDING THREE

E F L S T E K S A B R
V V B E D E S S E L B
L J L E F T O V E R S
W L E E T T W E L V E
R O S S W R O L V S V
B A S K E T S V E L A
A V E E V U R H E L O
S E D T S H S V L R L
T S J E F I J E S U S
K O J H F I L L E D H
D E L L I F I S H E S

WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**



JESUS
BLESSED



LOAVES
FISHES

LEFTOVERS
FILLED

TWELVE
BASKETS

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**

Cross out the letters **u k n** in the jumbled words below to find 4 real words.

gunivek ckronwuds nekatu kutonld

Jesus _____ the disciples to _____
the _____ something to _____.

When the disciples wanted Jesus to send the people away to find food, Jesus would not do it. He kept the people with him and he fed them himself. Jesus never sends anyone away, but nourishes us as we stay close to him and listen to his words.



Find and draw 3 differences, then colour the picture

This week I will try my best to...

Write a promise & draw a big smile on Smiley

